

9th Annual Hawk Hustle 5K Run & 1 Mile Run/Walk

Saturday, Nov. 10th, 2018 — Hanover High School

(403 Moul Ave, Hanover, PA — relatively flat, paved loop course)

Race Day Registration: 7:45am

5K Run: 9:00am

Mile: 9:10am



All funds raised benefit Hanover School District Athletes in Grades 7 through 12.

We race RAIN or SHINE!

Thank YOU for your support!

Awards and Door Prize Drawings at 10:00am

Awards

5K—Trophies to Top 3 Men and Top 3 Women Overall

5K—Medals to Top 3 Men and Top 3 Women in Each Age Group: 14&Under / 15-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60&Over

Mile—medals to Top 3 Men and Top 3 Women Overall

Information and Registration: 717-968-0777 tarak2@comcast.net

Checks payable to: HABC Mail to: Tara Kauffman, 745 Spruce Dr., Hanover, PA 17331



Last Name _____ First Name _____ Phone _____

Street _____ City _____ State _____ Zip _____

Race (circle): 5K Mile Age on Race Day _____ Sex (circle): M F T-shirt Size (circle): S M L XL

Email Address _____ HPSD Team _____

Note if participating in Team Competition

Advance Registration (no refunds) received by October 29 (circle one)

5K: Student with T-Shirt \$12 / Student without T-Shirt \$7 / Adult with T-Shirt \$20 / Adult without T-Shirt \$15

Mile: All Ages with T-Shirt \$12 / All Ages without T-Shirt \$7

Late & Race Day Registration with/without T-shirts while they last (circle one)

5K: Student with T-Shirt \$15 / Student without T-Shirt \$10 / Adult with T-Shirt \$25 / Adult without T-Shirt \$25

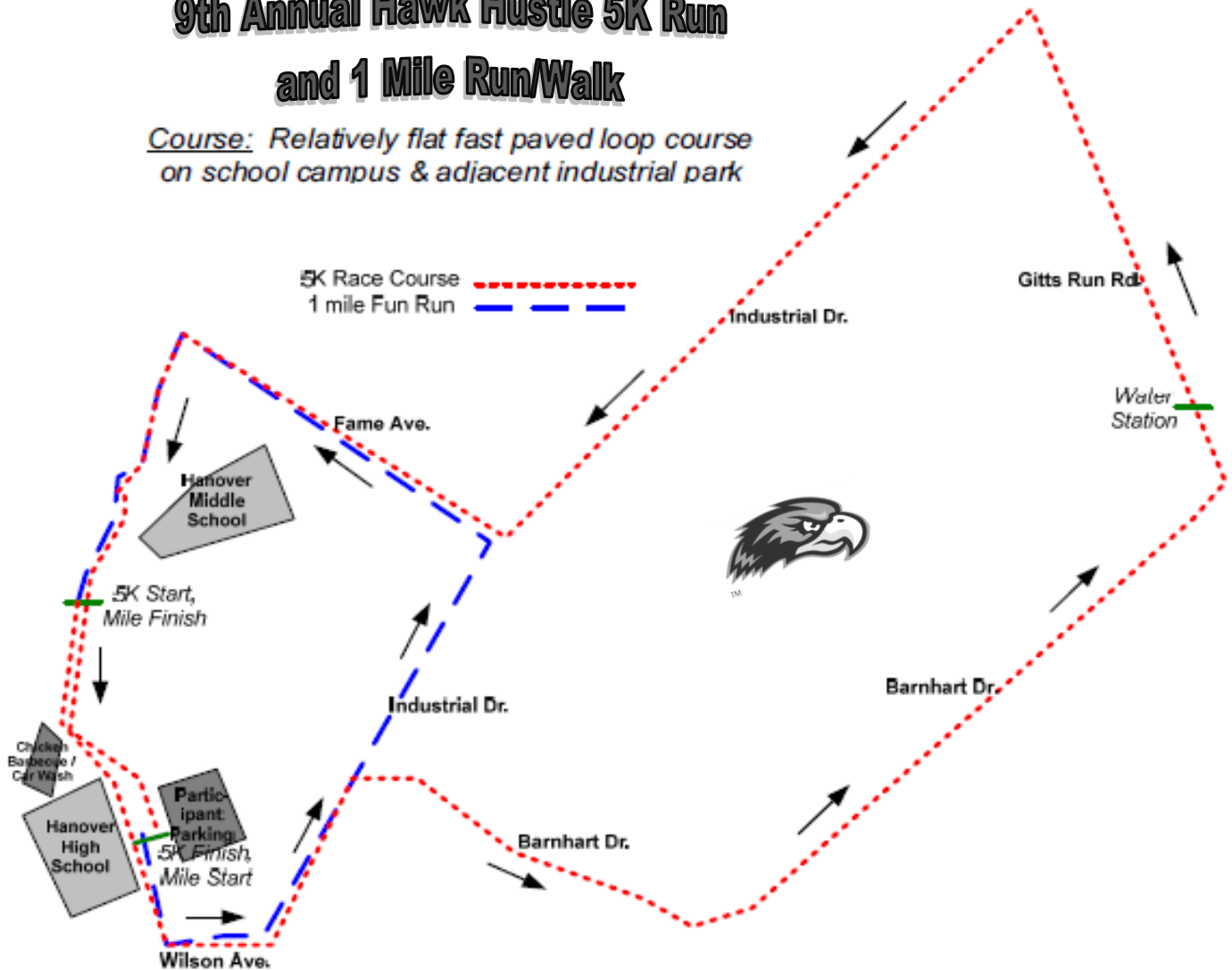
Mile: All Ages with T-Shirt \$15 / All Ages without T-Shirt \$10

Waiver: I know that running a race is a potentially hazardous activity, which could cause injury or death. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of the official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including, but not limited to, falls, contacts with other participants, effects of the weather, including high heat and/or humidity, conditions of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act in my behalf, waive and release the Hanover Athletic Booster Club, Hanover Public School District, Hanover Borough, Penn Township, and all sponsors, their representatives, and any other persons assisting with the race, and their successors from all claims or liabilities and any kind arising out of my participation in the race even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver. No skateboards, rollerblades. No pets in 5K.

Signature (parent if under 18) _____ Date _____

9th Annual Hawk Hustle 5K Run and 1 Mile Run/Walk

Course: Relatively flat fast paved loop course
on school campus & adjacent industrial park



Directions to Hanover High School, 403 Moul Avenue, Hanover, PA 17331

From York: Rout 30 West to Rout 116 West; 11 miles to light at Hanover Foods; right turn onto Ridge Ave.; turns into Wilson Ave; 1 mile to HHS on right.

From Harrisburg: Rout 15 S to Route 194 S; 18 miles; left on Hollywood Ave; straight 2 blocks to HHS.

From Gettysburg: Rout 116 E 13 miles; right on Carlisle St; 2 blocks to light; left on Stock St; 5 blocks to light; left on Broadway; 1 mile; right on Hollywood Ave; straight 2 blocks to HHS.

From Maryland: I-795 N to MD 30 N; becomes PA 94 N; 7 miles to light at Hanover Center Square; right on Broadway; 1.5 miles; right on Hollywood Ave; straight 2 blocks to HHS.

**Awards and Door Prize Drawings will be in
the Hanover High School gym at 10am!**

We Have GREAT Door Prizes!