

South Penn Road Runner Club

The April meeting was held today.

Several upcoming events.

Summer Series will start May 1st. This will be a handicap 4.9 mile run at the Long Arm dam at 7:00pm.

We will meet at the parking lot near the intersection of Beck Mill road and Grand Valley Road.

---- Special note on Summer Series run #4 that will be held at the Shepard Myers dam. The bridge is being replaced between the parking lot and the route we use for the run. We will monitor this but wanted to get the word out early that we may be moving the parking and start point to the Park on St. Bartholomew Road. We can use the same route but may need to move the parking and start location. ----

May 5th we will be timing a 5K at Gold's Gym. Any help would be appreciated.

Kid's night is May 23rd at the South West Track. This community event takes many volunteers.

Hope to see you at an event soon.

Kev